

From Fresh Food Comes Lasting Change

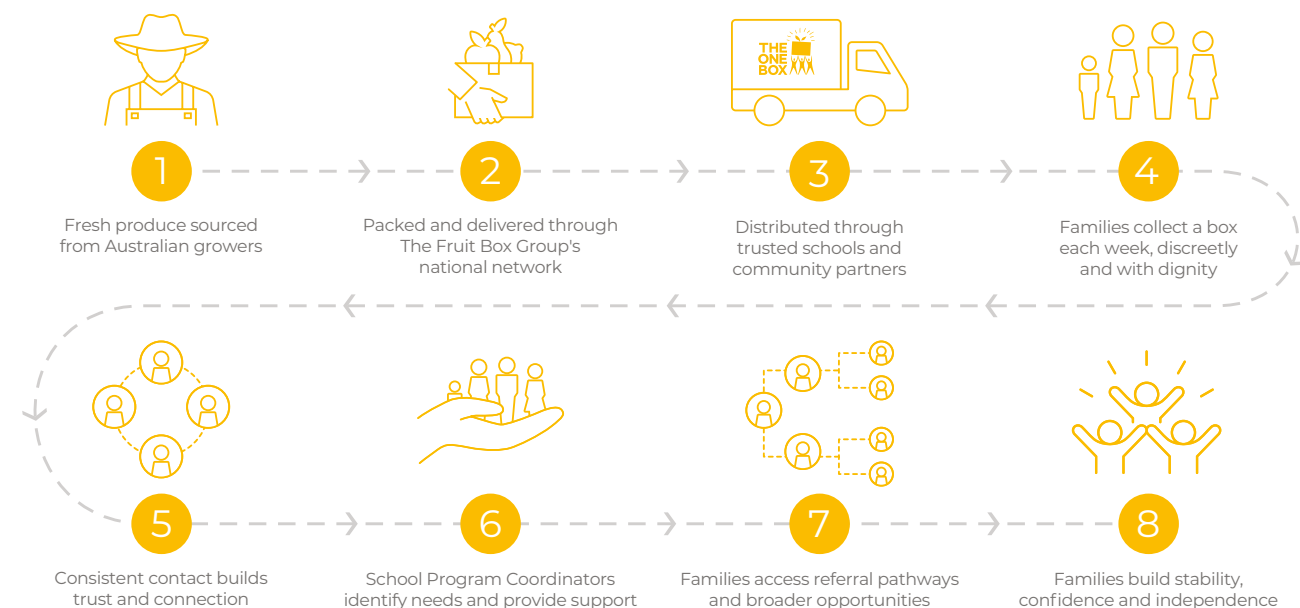


Executive Summary

The One Box is an Australian charity building stability, connection and pathways to independence for families facing hardship. Through consistent access to fresh food, delivered with dignity through trusted school communities, the program creates the foundations for families and their children to move forward.

The One Box Model

What begins as a weekly box of fresh fruit and vegetables often becomes something more – a trusted pathway to community, support, strength and lasting change.



Three Year Longitudinal Study



This report marks the conclusion of a three-year longitudinal study conducted independently by Monash Business School's Department of Accounting.

Following the same families over three years provides a unique understanding of how consistent support influences lives over time. The research shows that the impact of The One Box extends well beyond food relief, contributing to reduced financial pressure, stronger community connections and trusted support pathways.

Importantly, many of these benefits persist even after families leave the program, suggesting that The One Box contributes to lasting change rather than temporary relief.

Key Findings:

Internal and independent research points to the same conclusion: The One Box supports families in more ways than one.

- **38%** of families surveyed connected to or tracked through referral pathways
- **13%** of families report positive outcomes following a referral
- **54%** of parents reported improvements in their children's social and emotional skills
- **29%** reported improvements in overall school wellbeing
- **22%** reported improved confidence at school

CEO Introduction

The One Box template is simple. We partner with primary schools to connect with families in their communities who are in need, to provide a weekly box of fresh produce.

The key is in the C. Compassion, Communities, Connection.

No-one has a pathway when they are in isolation. The weekly boxes are more about showing those less fortunate that there is a community that cares and has their back. Week after week. Over time trust is built and people open-up. It is then they have a better chance of finding the social support service they need.

Place based support is on the rise and building local communities are our opportunity, so nobody is left behind. Let's not be desensitised by constantly hearing the problems but rather being captured by the aspiration of being part of the solutions.

C is the key. Contribute.



Martin Halphen
CEO, The One Box



"The One Box made me rethink the way I approach families. I became more aware of how to support these families – not just the mums, but the children as well."

School Program Coordinator

Built on Consistency

Every week, in over 134 schools and community organisations across Australia, a box of fresh fruit and vegetables is set aside for families that need it. Distributed quietly, without paperwork or queues, through the schools and organisations families already attend, and the staff they gradually come to trust.

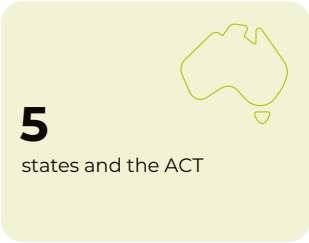
Consistency is at the heart of what The One Box does. For families, navigating financial pressure, isolation or uncertainty, that weekly delivery carries something beyond nutrition or financial aid – dignity and the quiet reassurance that support is there.

What makes The One Box possible is a unique partnership between business and community. Through the national delivery network of The Fruit Box Group, fresh produce sourced from Australian growers is packed and distributed through the same national network that serves thousands of Australian workplaces each week. By leveraging existing infrastructure, logistics and supply chains, The One Box can direct more resources where they matter most – supporting families. Combined with the commitment of schools, community partners, donors and funders, this model enables practical support to reach families consistently, reliably and at scale.

Since 2020, The One Box has been independently measured and evaluated by Monash Business School's Department of Accounting. The internal and independent research holds The One Box accountable to the families it supports, our funders and all who engage with it, ensuring it continues to be shaped by evidence and real community experience.

Every \$1 donated becomes \$1.95 of fresh food

A box of fresh produce worth \$25.95 of retail value, distributed for just over half that amount.



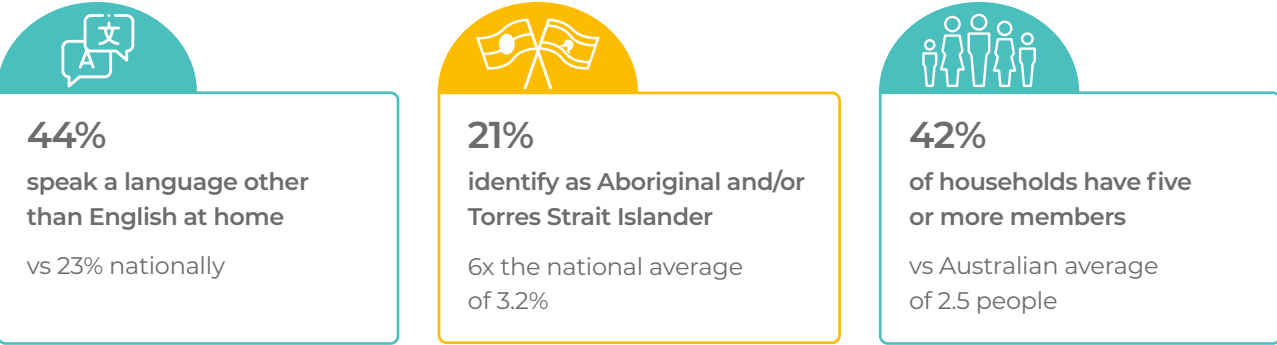
Close to 100 schools remain on our waitlist. Your support helps us reach more families.

The infrastructure, the supply chain and the school partnerships are already in place. The only barrier to reaching those families is funding.

1300 294 466
info@theonebox.org.au
theonebox.org.au

Behind the Data

Alongside independent research, The One Box collects voluntary data from participating families each year. In 2025, 1,158 families responded, representing 61% of those supported through the program. Their responses show The One Box is reaching families facing some of the highest barriers to accessing support.



Pathways to Broader Support

Food support is often just the beginning of a family's journey. Through trusted relationships built with School Program Coordinators, families are connected to services that address the broader pressures affecting their wellbeing and stability.



Positive outcomes include securing stable housing, gaining employment, accessing mental health support, resolving legal matters or becoming eligible for government assistance.

These referral pathways reflect the broader role The One Box plays in community support; not just providing food but helping families access the services that address the underlying pressures in their lives.



Families may have been connected to or tracked through one or more referral pathways.

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What Three Years of Research Reveals

Following the same families across three years reveals something a single study cannot: the **cumulative effect of consistent support**. The outcomes that matter most to families – connection, wellbeing, stability, and a sense of security – do not happen in a single week or a single year. They build.

Since 2023, Monash Business School's Department of Accounting has followed the same families with primary school-aged children in the Dandenong Local Government Area (LGA). Building on qualitative and quantitative data, the researchers document how participation in The One Box gradually makes a difference. The Social Impact Framework developed in 2021 has provided a consistent foundation for measuring these outcomes across families with diverse backgrounds and circumstances.

Across the three years of fieldwork, researchers conducted more than 130 interviews with families and School Program Coordinators, alongside survey responses from more than 100 participants.

2023 – Year 1

- Deepening understanding of how the three domains of the Social Impact Framework connect in everyday life
- Interdependencies identified between financial relief, mental wellbeing and community connection
- The program's significance for refugee families: meeting needs at multiple levels simultaneously

2024 – Year 2

- Quantitative survey introduced alongside qualitative interviews
- Before and after data captured across key indicators; wellbeing, living standards, community connection, food security and more
- Families who exited the program were followed for the first time

2025 – Year 3

- Children placed at the centre; social and emotional development, school wellbeing and academic performance examined for the first time
- Families who voluntarily left the program were followed more closely to determine whether longer-term benefits are sustained



Nutrition
and Wellbeing

Physical health, mental wellbeing, confidence, healthy eating and daily stability



Community Building
and Support

Connection, belonging, trust, access to services and supporting families to independence



Financial Savings

Reduced household costs and redirected spending towards bills, children's activities and essentials

Across three years of fieldwork, a consistent pattern has emerged. Reliable access to fresh food reduces the daily stress of providing for a family. That reduction in stress frees up time and mental energy. Parents who are less stretched become more present, children who are better fed and better supported at home arrive at school more ready to learn, more willing to engage and more able to build relationships with the people around them.

Importantly, these changes do not disappear when families leave the program. For many families, leaving The One Box reflects positive progress; securing employment, accessing government support, or making space for a family with greater need. The longitudinal research confirms what those exits suggest – wellbeing, community connection and living standards remain higher than before families joined, even after they leave the program.

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Year Three: Looking Beyond Immediate Outcomes

2025 marked the final year of the three-year longitudinal study conducted independently by Monash Business School, Department of Accounting. As the research matured, attention turned to two important questions.

• Do the benefits of The One Box last beyond participation?

Families who had voluntarily left the program were followed to understand whether the gains they experienced during their time with The One Box had been sustained, and how their circumstances had continued to evolve after exiting.

• How does support for families influence outcomes for children?

Children were placed at the centre of the research, exploring how consistent access to fresh food and support through The One Box shaped their social and emotional development, wellbeing at school and academic performance.

To build a complete picture, the study combines quantitative and qualitative methods. Surveys capture shifts across key indicators, while in-depth interviews add valuable insight into the lived experiences behind the numbers.

Research at a Glance

45

interviews conducted, including 40 beneficiary families and 5 School Program Coordinators

36

returning beneficiaries from previous years of the study

1,358

minutes of combined interview time; approximately 30 minutes per interview

4

families who had voluntarily exited the program were followed

Purpose-designed survey

comprising three parts: social and emotional skills (12 dimensions); school wellbeing; and academic performance across the five NAPLAN domains

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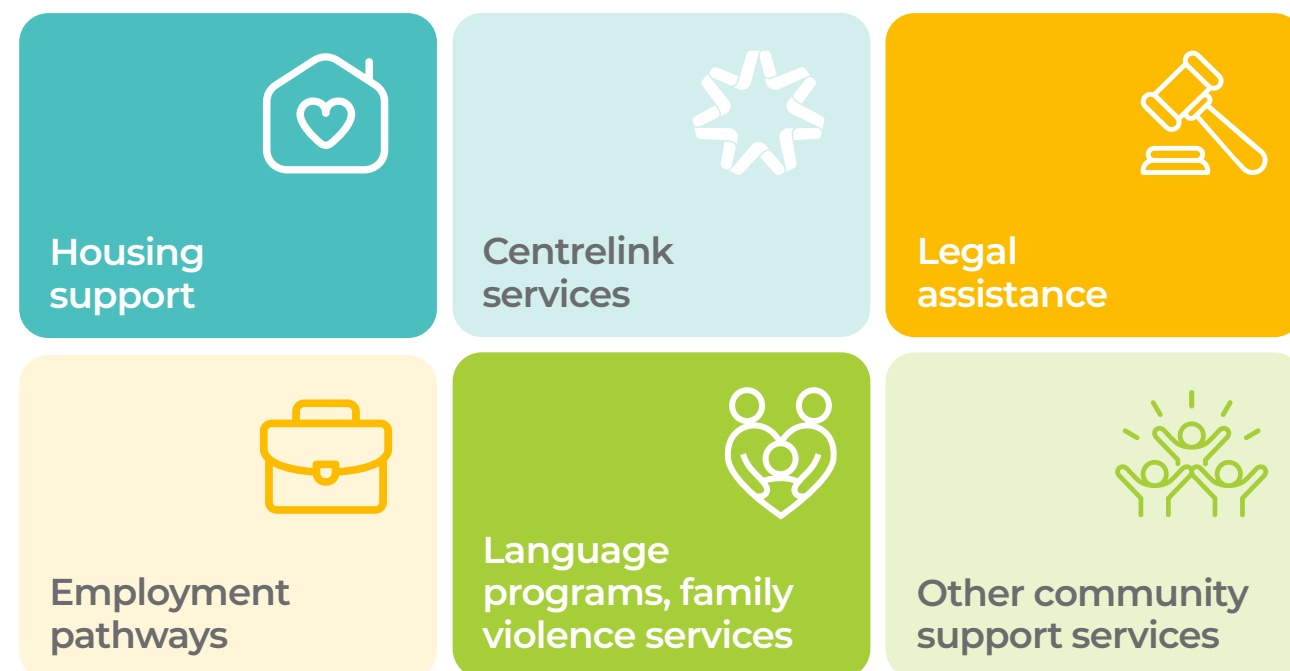


Opening Pathways to Independence

Trust changes what becomes possible. Once relationships are established, School Program Coordinators are better able to understand a family's circumstances and connect them with the support they need.

Coordinators consistently described The One Box as the starting point for broader forms of assistance that families may not have known existed, felt comfortable accessing or been ready to seek on their own.

The weekly collection moment creates opportunities for conversations that would not otherwise occur. Through these trusted relationships, families have been connected to:



For many families, these connections outlast their time in the program. A trusted relationship with a School Program Coordinator, a referral pathway, a community they found through collecting their boxes – these don't disappear when the box stops arriving.

The One Box does not replace the work that School Program Coordinators do, it creates the conditions that make that work possible and extends what coordinators can offer beyond the school gate.

The One Box is a pathway from crisis to connection – and from connection to greater independence.

"You're able to support those families that wouldn't come to food relief. Having The One Box does support them because it's that opening. Whereas I wouldn't have known about them previously."

School Program Coordinator

Hub Leader Voices

"The One Box made me rethink the way I approach families. I became more aware of how to support these families – not just the mums, but the children as well."

School Program Coordinator

"The One Box allows her to be discreet, whereas food relief would mean she would have to line up with all the other families and choose food in front of all the other families, which she's not comfortable to do."

School Program Coordinator

"Prior to that, it was very school oriented. The One Box was the first time we were able to say – this is for you, and you can take it home."

School Program Coordinator

"It opens doors. It allows conversations to be had in a way where I think we wouldn't have been able to tap the families that we didn't know."

School Program Coordinator

"And now I'm able to support her in different ways – referrals to Centrelink, legal aid, family violence concerns. Whereas if it wasn't for The One Box, I wouldn't have known about this family."

School Program Coordinator



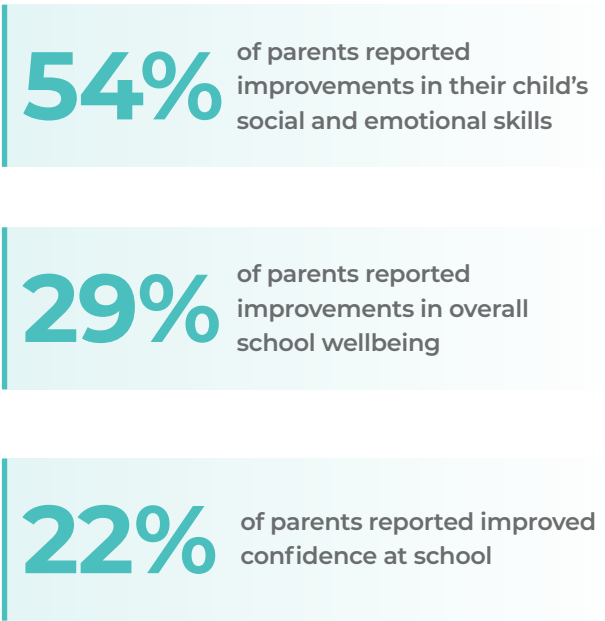
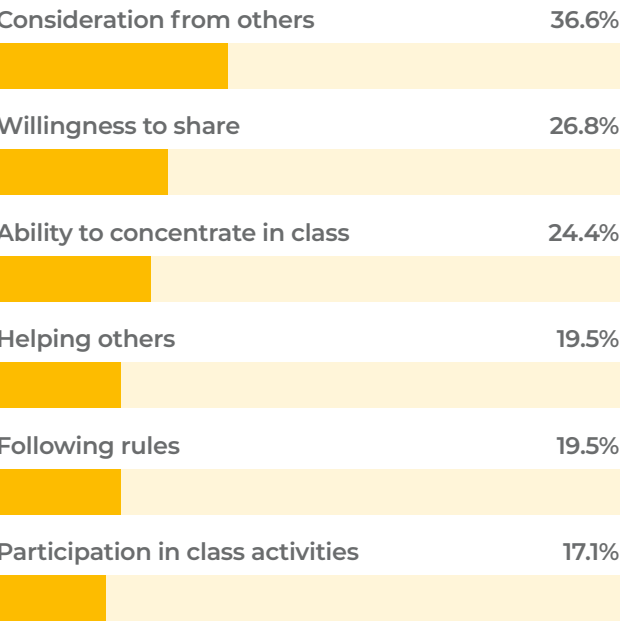
Children at the Centre

Year 3 of the longitudinal study placed children at the heart of the research, asking parents to reflect on the changes in their children's social and emotional skills, wellbeing at school and academic performance since joining The One Box.

The findings suggest that The One Box contributes to children's lives in indirect but meaningful ways. By providing consistent access to fresh food, reducing financial pressure and creating greater stability at home, the program helps create conditions that support children's wellbeing and development.

Growing Confidence, Connection and Social Skills

Where Parents Saw the Greatest Improvements



% of parents reporting improvement across NAPLAN domains. No parents reported a decline in Spelling or Grammar. Any reported decline rates were below 8% across all domains.

Through interviews, parents frequently linked these changes to healthier eating habits, more stable routines and reduced stress within the household. Many also described children becoming more confident, engaged and considerate of others.

Parents also reflected on how receiving support helped some children develop a greater awareness of others. Conversations about accepting help during difficult times often led to discussions about gratitude, sharing and supporting people in need.

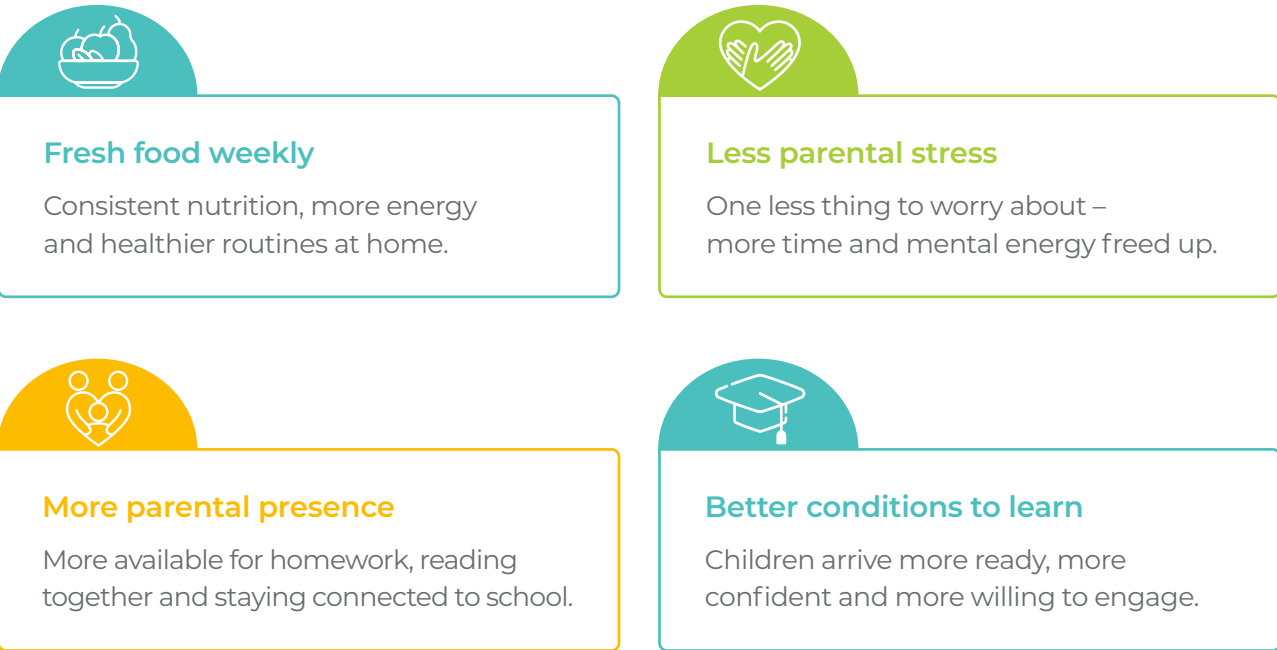
“My son is now being awarded. He's a sports captain. He's taking leadership roles. And this is coming from a kid that was quite socially shy.”

Beneficiary

Better Conditions to Learn

The research also explored children's academic performance, asking parents to reflect on changes across the five NAPLAN domains since joining The One Box. Among those who gave a definitive response, most reported improvement – and reading was the area where parents most commonly observed change at home.

How The One Box Influences Learning



Parents consistently described The One Box as helping create greater stability at home. With less time spent worrying about food and household pressures, many felt more able to support their children's learning and development.

“Because of receiving the box, he felt like he's getting something from other people. So he's just proud of it and feeling happy. Before, he didn't want to go to school. But now his manners have changed a lot. He's very excited, very happy.”

Beneficiary

While parents largely attributed improvements in academic performance to their children's natural development, they consistently noted that The One Box had reduced stress, saved time and created more capacity to be present in their children's lives – important foundations for learning, wellbeing and participation at school.

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Delivered with Dignity

Many families who need support never ask for it. Fear of judgement, cultural stigma and the act of having to identify yourself as someone in need can be enough to stop families accessing help. Traditional food relief often requires families to queue publicly, explain their circumstances or seek assistance from unfamiliar services at a time when they often already feel overwhelmed. The One Box works differently.

At each partner school, a designated School Program Coordinator – typically a wellbeing coordinator, deputy principal, community hub leader or other staff member, manages family referrals, engagement and distribution of The One Box. They are often the first to recognise when a family is struggling; and in many cases the only point of support for families who would otherwise remain invisible.

Across the three-year longitudinal study, School Program Coordinators consistently describe The One Box as reaching families no other programs can. There is no additional transport barrier, no queue, no public disclosure and no requirement to explain yourself. Families collect their box and choose how much they engage; some stay to talk while others take their box and leave until they build up trust.

Traditional Food Relief	The One Box
Public	Private
Requires families to seek help	Help is offered through school relationships
Often requires additional travel	Collected where families already attend each week
Rescued or shelf-stable food	Fresh, purchased fruit and vegetables
Relief can feel transactional	Relationships build over time opening doors to further support pathways
Irregular or one-off assistance	Reliable weekly support families can plan around

One School Program Coordinator describes a family who would not approach food relief, would not speak to staff and would not identify as needing help. Her daughter noticed other children carrying boxes. She asked her teacher, who asked the office, who knew to ask the coordinator.

“It is confidentiality. It is being discreet. It’s her dignity. Protecting that dignity.”
School Program Coordinator

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Making Healthy Eating Visible

One of the most consistent observations from School Program Coordinators across three years of research is that healthy eating becomes easier when families can see it, access it and experience it regularly.

“Ten years ago, you’d see a box of rice, just rice. Whereas now we’re seeing a little bit more variety in their lunches.”
School Program Coordinator

The barriers to healthy eating vary from family to family. Across schools, coordinators identify several factors that can make healthy eating more difficult for families.

Cost and Time

Fresh produce can be expensive, and limited time and competing pressures leave little capacity to plan and prepare healthy meals.

Resettlement

Some coordinators observe that biscuits, chips and lollies can become a form of abundance for families rebuilding their lives after hardship – sometimes displacing the fresh food families know is important.

Unfamiliarity

Some families are unfamiliar with produce commonly found in Australian supermarkets and may not know how to prepare or cook with it. The One Box helps address these gaps directly, by putting fresh fruit and vegetables into homes every week. Over time, families become familiar with what they receive, learning how to prepare it, cook with it and incorporate it into everyday routines.

“The One Box plays a big role because you can actually see it. When you open the box, you see healthy food in it. It’s visible.”
School Program Coordinator

That visibility extends beyond the home. Families collect their boxes in shared school spaces, creating natural conversations about food. Children notice what others are carrying, ask questions and become curious about unfamiliar produce. At one school, boxes containing pumpkin prompted practical cooking sessions for families who had never prepared it before. This is exactly what making healthy eating visible actually means. It’s not an instruction or a flyer; it’s a learned behaviour through exposure.

Beneficiary Voices

"It's benefited my daughter a lot with her learning, because she becomes more grateful, and she's aware that it's ok some families don't have much, and when they are struggling, there's help out there. I am very grateful for The One Box."

Beneficiary

"The connection that it's brought has been so important. I never had a connection to the other schools that my kids went to until I came here and they had this program and it just blew my mind."

Beneficiary

"Because when you see fruit and vegetables, we promote them, we're saying school is giving us this, for you to be healthy. And now they're learning that this is nutritious food that we need to have."

Beneficiary

"You don't realise that it's quite impactful until you actually have it. The pressure's taken off and you can focus more on other areas of the kid's lives without being worried about if they're having lunch or their emotional stress."

Beneficiary

"My eldest daughter is now more willing to help her classmate study, she's become more positive. I think these changes relate to their eating habits, because they are eating enough food, they are mentally more comfortable."

Beneficiary

"It is a big help, not only the quantity in the box, but it is also the quality of the vegetables and fruit, they are very good quality."

Beneficiary

"Even though I am not on the list for The One Box anymore, I continue that routine; it changed our eating habits."

Beneficiary

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Amina's Story: From Food Relief to Confidence, Connection and Independence

When Amina's son started school in 2022, her family had just moved into their own home after living with extended family. The pressures of independence were immediate – rent, uniforms, the cost of establishing a household from scratch added up, meaning food was often bought in small amounts and fresh produce rarely lasted the week. When the school community hub mentioned The One Box, the simplicity of it surprised her.

"They didn't ask me for documents or proof or anything like that. They just said, 'If you want, you can come and pick up a box every week.'"

For a family of three, the difference was immediate. Fresh fruit and vegetables arrived each Tuesday, lasting the whole week. The box also introduced seasonal produce she would not normally have bought. At a time when every dollar was accounted for, the consistency of the box removed a pressure that had been constant. "It was a really big relief for me. Even if we didn't have much for ourselves, I knew we had something for my son. That was the most important thing."

To make full use of the food, Amina gradually began to interact with other parents and the hub leader. What began as conversations about produce and recipes, became something more. Week by week, she built confidence, friendships and a stronger connection to her school community.

"I was really shy before. But because I had to come every week for the box, I started talking to people. I started asking questions. It became easier to ask for help."

Through those connections, Amina learned about a sewing class for women.

"The community hub told me about a sewing class for women who had recently arrived in Australia. I joined the class, and after three terms, they offered me a job as a community coordinator."

This was Amina's turning point. It was her first formal work experience in Australia, and she described The One Box as the reason she had felt comfortable entering these spaces in the first place.

After two years, Amina no longer needed food support. The box had taught her how to plan meals, shop seasonally and manage a household budget. "I learned when vegetables are cheaper, what to buy, how to plan meals."

"After we stopped getting the box, it wasn't hard anymore. We understood how to manage, how to save, and how to live on our own."

Today, both Amina and her husband are in stable employment. The woman who once felt too shy to ask for help now gives back to the community that supported her.

Nutrition & Wellbeing

- Consistent weekly access to fresh fruit and vegetables during a period of financial pressure
- Healthy lunches, snacks and family meals supported throughout the week
- Greater dietary variety and confidence preparing seasonal produce

Community Building & Support

- Built trusted relationships with the community hub and other mothers through weekly collection
- Gained confidence to seek support, ask questions and engage in community activities
- Connected to training opportunities that led to her first job in Australia

Financial Savings

- Reduced grocery costs during a period of significant financial pressure
- Developed lasting skills in meal planning, budgeting and seasonal shopping
- Achieved greater financial stability; family no longer required food support after two years



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Doris: Stability Through the Hardest Times

When Kathy started school, life for Doris was steady. She walked her daughter to school each morning and their routine was predictable. Then, in a short period, almost everything changed. Domestic violence and the breakdown of her marriage turned daily life upside down. A custody battle followed. Then came a diagnosis of brain tumours.

Although she lived within walking distance of the school, her illness meant even short distances became impossible on bad days. She couldn't drive, couldn't use public transport and carrying groceries was out of the question. External food relief services – the kind that require travel, queuing or carrying food home – were simply not accessible. The One Box was the only support she could reach.

"I don't have to go to the shop. Sometimes my health doesn't allow me. I don't have to think about it because I know it's coming on a Tuesday. I've got enough fruit. I've got enough vegetables."

Knowing fresh produce would arrive each week removed a source of constant anxiety. During treatment and legal proceedings, that predictability gave Doris something she desperately needed: certainty.

Alongside everything she was carrying, Doris began to notice changes in Kathy. Before joining The One Box, she felt her daughter didn't fully understand the pressure the family was under. Over time, Kathy became more aware of their circumstances and more appreciative of the support surrounding them.

Receiving a box each week made that support visible. Kathy could see that someone cared about her family. Rather than creating embarrassment, it created reassurance.

"She knows every Tuesday we get a box with some fruits... when she sees someone is helping her or me, it kind of helps and she's much more relaxed."

The box had Kathy's name on it. It was hers. She took pride in collecting it and became more interested in healthy eating and helping at home. Doris described her daughter as becoming more mature, more aware of others and more engaged in family life during a difficult period.

The weekly collection also strengthened Doris's connection with the school. What began as food support gradually became something more. Regular contact created familiarity. Familiarity built trust. Over time, Doris felt increasingly comfortable reaching out when she needed help and sharing what was happening in her life.

"Since the box, it's built that relationship even more. Doris feels more comfortable contacting us directly and saying, 'I need additional help.'" – School Program Coordinator

That trust became an important source of support during one of the most difficult periods of her life.

"There's no judgment. There's no nothing ever, ever"

For Doris, The One Box was never just about food. It was the one form of support that could reach her when nothing else could – and through it, she and Kathy began rebuilding.



Nutrition & Wellbeing

- Reliable weekly access to fresh fruit and vegetables during a period of serious illness and family crisis
- Reduced stress and physical barriers by removing the need to shop for and carry groceries
- Supported healthy eating habits and food awareness for both Doris and Kathy

Community Building & Support

- Built trust with the school through regular, dignified contact
- Created a safe pathway to seek additional support during a difficult period
- Helped Kathy develop greater empathy, awareness and engagement at home

Financial Savings

- Reduced grocery expenses by around \$50 per week during a period of medical and legal strain
- Provided accessible support when other food relief services were difficult to reach
- Removed transport and travel barriers associated with accessing food assistance

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Sachini's Story: The Relief of Certainty

Sachini came to Australia with a postgraduate degree and more than two decades of experience in community services and disability care.

A chronic injury sustained after the birth of her son left her unable to work. Managing the household on her husband's income while covering a mortgage, medical appointments and ongoing treatment costs meant every dollar had a purpose. Fresh produce was often sourced from discounted, near-expired stock at the local market and even routine shopping trips could become difficult on days when her pain was at its worst. When the school offered her family The One Box, Sachini accepted.

"I know it's coming on Tuesday... I feel secure that day."

Living with chronic pain, anxiety and ongoing financial pressure meant Sachini was constantly calculating what could wait and what couldn't. The certainty of a weekly box didn't solve every problem, but it removed one decision and gave her security.

"If I can save \$50, that can go towards my bills and mortgage. That means less stress of finance. We are not panicking. Even the little \$50 or \$25, that helps towards a bill, towards petrol. That relieves the mental stress, you know."

For Sachini, the impact went beyond the savings. The box helped her continue to provide the kind of food she wanted her children to eat.

"I feel like I am a good mother, because I can provide good food to my kids. That's like a good self-thing."

Over time, healthy eating became part of the family's routine. Her children looked forward to the fruit in the box and shared it with friends. "They come and they eat it from the fruit box," Sachini said. "It's beautiful." She also encouraged offering fruit to guests rather than other snacks, a practice that gradually became their habit.

The weekly collection also strengthened Sachini's relationship with the school community. Through her School Program Coordinator, she found someone she could speak to openly and without fear of judgement.

"Without fear, I can express things. There's no judgement about my kids or myself."

The One Box was one part of a broader support network that helped sustain Sachini through years of chronic pain, financial pressure and uncertainty. While the box didn't change her circumstances overnight, it provided consistency at a time when consistency was hard to find. Today, Sachini is back in the workforce as an NDIS support worker, caring for young people with complex needs. The stability she gradually rebuilt for her own family is now helping her support others to do the same.



Community Building & Support

- Built a foundation of trust with the school that Sachini describes as irreplaceable
- Enabled Sachini to feel comfortable sharing her situation and seeking support
- Contributed to children's social and emotional development through healthy eating patterns

Nutrition & Wellbeing

- Replaced near-expired, discounted produce with fresh high-quality produce
- Reduced mental stress related to food planning
- Supported her children's development of lasting healthy eating habits

Financial Savings

- Saved approximately \$50 per week in grocery expenses
- Freed funds for mortgage, bills and medical expenses
- Reduced financial stress at a time when careful planning was often not enough

A Word from Monash



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Since 2020, Monash Business School has proudly partnered with The One Box to better understand how community-led food support can create lasting social impact. This collaboration has combined rigorous academic research with practical action to generate evidence that informs both policy and practice.

The findings from a three-year longitudinal study demonstrate that The One Box delivers benefits that extend well beyond food relief. Drawing on more than 130 interviews and survey responses collected across three years, the research highlights sustained improvements in family wellbeing, community connectedness, financial resilience and, importantly, children's social, emotional and school wellbeing. These findings provide a strong evidence base to inform future program development and community initiatives.

We are honoured that this partnership has been recognised internationally through the inaugural 2026 AACSB (Association to Advance Collegiate Schools of Business) Research Impact Award, celebrating the societal impact that this partnership has had. This recognition reflects the dedication of The One Box, participating schools, community hub leaders and families who have generously shared their experiences.

Together, we will continue to demonstrate how research, partnership and community innovation can contribute to thriving communities and create lasting positive change for families across Australia.

Professor Ralph Kober, Associate Professor Paul Thambar, Dr Zhiyun (Maleen) Gong and Dr Cynthia Wu, Department of Accounting, Monash Business School



"Besides the fact that it's providing nutritional food, I think it's about feeling supported and that you're not alone."

School Program Coordinator

From Evidence to Action

Across the six year partnership with Monash Business School, one truth remains consistent. The One Box helps transform lives in ways that extend far beyond the box itself.

Beyond nutritional needs and financial relief, it builds the stability that lets parents breathe and balance, the connections that help families find their way and opens doors to support they may never have accessed on their own. The impact reaches the children too; children become more confident at school, more socially connected and more willing to engage. Most powerfully, these changes persist long after families leave the program.

The benefits are real and measurable, but the impact can only exist with continued support. Every dollar donated to The One Box, becomes almost \$2 of fresh food in the hands of a family – and right now, 100 schools (approximately 1500 families) are waiting.

Choose Your Level of Impact



\$600

per year | \$15 per week

1 family supported
throughout the school year

A simple but powerful act, providing one family with reliable access to fresh food throughout the school year and the consistency they can count on.



\$9,000

per year | \$225 per week

15 families in
one school community

A complete and tangible commitment. One school supported with dignity and care while giving you the opportunity to hear directly from the families you help.



\$45,000

per year | \$1,125 per week

75 families across
5 connected schools

A transformational, place based commitment, strengthening families and building an enduring ecosystem of support across your local area.

Close to 100 schools are on our waitlist. Every new partnership helps us say yes to another family still waiting.

With thanks to: The Fruit Box Group, Monash Business School's Department of Accounting, our school and community partners across Australia, our corporate, philanthropic and government supporters, our individual donors, and the families who trusted us with their stories.

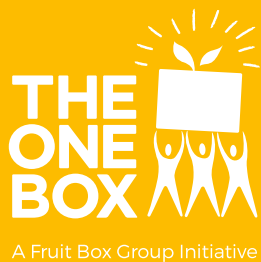
The One Box is a registered DGR charity, delivered over a 40-week school year.

Ready to Make an Impact?

Your contribution starts working immediately. Get in touch and we'll show you the measurable impact your donation can make

1300 294 466
info@theonebox.org.au
theonebox.org.au

*It's surprising how far
one box can go*



theonebox.org.au